

# KITEGA COMMUNITY K CENTRE



Freedom, self determination and justice for the poor, marginalised and underserved communities

## **2012 Annual Report**



















### Table of Contents

About Us	4-5
Message from Patron	6
Message from Chairman.	8
Message from Project Porridge Sponsors.	9
The Year in Review	
Children Programs	10
Economic & Community Development	11
International Volunteers	14
Donor Appreciation	19
Looking Ahead	20
Appendix A. A Research Survey of Kitaga Community	21_27



Nicholas W King

### About Us

Kitega Community Centre was founded in March 2000 by Rev. Canon Silas Musoke with the help of friends from Scotland. The centre was first under the umbrella body of the Uganda Association for the Mentally Handicapped. In 2004 Kitega Community Centre registered as an independent non-governmental organization. The Centre is a Christian organisation but serves all people without prejudice.



### Mission:

To attain a good standard of living for the disabled children and their communities by empowering the marginalized and underserved and providing them with knowledge, strategic information, and resources to live independently and to reach their full potential.

### Vision:

A future in which all community members have access to quality education, affordable health care and secure and sustainable employment.

### **Faith Statement:**

Kitega Community Centre is guided by faith in Jesus Christ's love for all, especially those who are sick, poor and suffering.

We believe in Jesus's teaching that "whatever you did for one of the least of these brothers and sisters of mine, you did for me." Matthew 25:40

### **Objectives**

- To provide education, job training and life-skills to disabled children
- To improve the parents' economic situation so they can better take care of their children
- To improve personal and community health
- To mobilize the communities to join hands to transform their situation
- To facilitate community-owned, community-driven development
- · To empower other marginalized groups in the community, including those with HIV/ADS and
- · To support the families of disabled children by creating a welcoming environment and eliminating stigma against disabled children and their families

### Values:

- Faith I.
- II. Love
- III. Commitment

IV. People Centred V. Participation VI. Sustainability VII. Accountability VIII. Listening IX. Common good X. Integrity XI. Transparency

### Administration

### Management

The Centre is governed by a Board, which has decision-making authorities.

Board Members

Mr. & Mrs. Nicky King, Patron Rev. Canon Silas Musoke, Chairperson Mr. James Kalule, General Secretary

Rev. Samuel Lwere, Treasurer Mrs. Rhoda Kavulu Member Willy and Sharon Ong Members David Clemy Member Kennedy Bamusubire Member Mrs. A.J. Musoke Member

Below the Board is the Executive Committee, which is in charge of the day-to-day activities of the centre. Most of the members on the committee are elected from the different groups served by Kitega Centre and serve a twoyear term.

### Executive Committee (2012-2015)

James Kalule Chairperson Kennedy Bamusubire Secretary

Rebecca Muwumbwa Assistant Secretary David Clemy Kawooya Public Relations Daniel Kaaya Program Manager

Victoria Kalule Health

Parent Representative Margaret Baiga Proscovia Musoke Volunteer Welfare

Edith Kigongo Education/Local council Representative

Banda Nehemiah Community Programs Annet Matovu Village community Banking

Milly Lutwama Education Philip Kasimbi Member/PR Brian Butoto Youth

### Staff

### **Full-time Staff**

Mr. Kennedy Bamusubire, Occupational Therapist and Project Director

Ms Edith K. Nalumaansi, Assistant Project Worker

### Part Time Staff

Milly Lutwama, Teacher Brian Butoto, Teacher

### Online Volunteer Staff

Ms. Vy Nguyen, Publicity and Communications

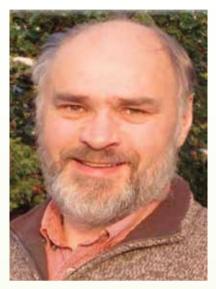
Mr. Frank Otieno, Graphic Designer

Mark Rujumba, Webmaster

Mr. Anup Tiwari, Publicity

Ms. Bibiana Restrepo, Health Research Management

### Message from Nicholas W King, Patron of Kitega Community Centre



Nicholas W King

During the year I attended a graduation ceremony of several Ugandan students from a Scottish University and was encouraged at the choice of their degree subjects which seemed so vital for Uganda's promising future. This year has marked the fiftieth anniversary of Uganda's independence and with a rising population, increased educational opportunities and new mineral and agricultural developments on the horizon Uganda can hopefully look forward to a prosperous future.

But life is not all about material prosperity as many Western countries are discovering. Research by organisations such as the UN, the OECD and the EU has shown that material wealth alone does not necessarily make people happy. Indeed, judging by the sorry lives of many film stars or sports personalities, perhaps material wealth can be the source of much unhappiness. The research suggests instead that working and living together in small communities and finding fulfillment in helping others is what gives value to life. The sort of things that Jesus talks about in the Bible and, indeed, are being shown in the things the Kitega Community Centre has been doing for many years. A community working together, speaking out for those who cannot speak for themselves, micro-finance

projects, self-education projects, small local businesses, helping the less able and - simply sharing and having fun together - this is what life is all about. Kitega is therefore an example and an inspiration not just for the local community but for the whole world.

The year has seen its successes at the Centre – the launch of the music CD, new community projects, the start of the Shalom accommodation centre and the Christmas party for example - for all of which we can rejoice. But it has also seen its challenges as well, challenges such as the loss of the computer equipment. Surprisingly, however, it is not just our success that the watching world acknowledges, but also how we deal with our challenges that perhaps speaks even more loudly to those on the outside. Are we Christ-like in our response to both success and challenge? After all, it is not how rich we are materially that counts, perhaps not so much even in the things that we do, but more in how we do them and especially in what we personally become that counts at the end of the day.

I thank God for the way that He has worked through everyone at the Centre, those in Kitega, those in Uganda, and those of our many volunteers about the world. I pray that God will bless you all in the real wealth of seeing the smiles you bring to the many people you help.

Many blessings to you all!

Nicholas W King,

Chairman Kingserve Trust, Patron Kitega Centre



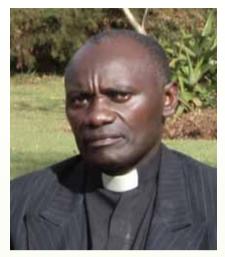








### Message from Kitega Chairperson, Rev. Canon Silas Musoke



Let there be light. We read in the first book of the Bible that in the beginning the world was in chaos. The Lord commanded that let there be light in the world. When Jesus the light of the world came, people were supposed to have life and have it in abundance—abundance of spiritual life, economic life, social life, physical life and all other circles of life. Anyone falling short of this light will have a miserable life today and in the afterlife.

In their song, the VICOBA group of Katungulu sang about how they were in total darkness and how Kitega centre brought light to them. They sang joyfully and proudly and with a lot of confidence as they mentioned their personal achievements and the achievements of the centre at large. Unless one knows the background of the singing groups and their

language very well it is difficult to accept what they sing as a true story. For instance they claim that light from the centre transformed them into a saving culture and taught them to plan for their children, their own future, and their community. They used to live a difficult life in total darkness with folded arms and lived like slaves in their own country and homes. They were missing the light.

What a blessing of light God gave us to enable us to see the past, present and future. I consider it a miracle when the children of the centre, once considered the disabled, are now being referred to as the people who brought light to the community. Socially, the children have attracted the highest number of foreign and local visitors in the whole district of Buikwe. I agree with the centre patron when he says that sometimes God works through the littlest among us.

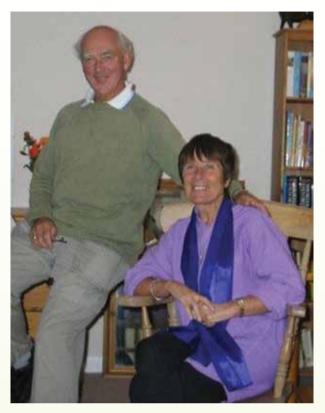
The work of the Centre for the past ten years has been the removal of all objects and uncovering all sorts of elements that cast shadows over the people and our beloved country. We thank God for our success. Every person is an expert in his or her life. The centre people say they have got the light. Our goal as the management of the centre is to remind them to walk in that light.

The Bible talks of an extra-ordinary man, Goliath. He was too strong to expect defeat from anywhere and found it impossible to also trust in the living God, the source of light. His mind was shadowed by his own strength, helmet of bronze, a coat of mail, a shield bearer, and pride from his own people who called him a champion and their saviour. In that darkness he saw no need of training his people nor improving his own skills of fighting. He was over confident. He was blind. He never learnt. David, on the other hand, walked in the light. He was confident but not over confident. He learnt from his experience. He used his experience and knowledge to improve his skills (1 Sam 17). The people of the community should live the things they sing and use their light experience to overcome other problems and to be creative and change when things change. They should not be used to the centre activities but should try to improve them always and thus remove all kinds of shadows.

We are grateful to our patron for loving the centre and the various volunteers from whom we have learnt so much. We thank the local leaders for their commitment and support and our dear staff who have worked tirelessly to change the image of the centre and all of you who love us.

We can make it happen; let's work together.

### Message from Project Project Porridge Sponsors



Project Porridge is an important program that provides sustenance for the children while they are at school. The program was initiated because many children came to school without eating breakfast, and teachers found that they could not concentrate on learning. Project Porridge feeds the children while they are in school, and the program has been very successful in improving school attendance and performance. Below are some words from Roger and Jay Varney, who have been instrumental in raising funds to support and expand the program:

An English saying--"From little acorns great oak trees grow" -- has certainly been our experience since the year 2000 when, with Mary Ann Waddell and Kennedy, "Project Porridge" was started.

This was for 12 children with learning difficulties who, after attending formal schooling, continued with training in vocational skills. The program provided them with a mid day lunch, which was later extended to include breakfast because some children had walked many kilometers to school from 6:00 o'clock in the morning without any food due to the extreme poverty of their family.

Over the years we have been fundraising for "Project Porridge" and have experienced God's hand in the development of Kitega Community and the partnership with Kennedy and David.

Our ability to continue fund raising for Project Porridge has now been reduced as we are now living in a 2 bed apartment, but we will continue to support this essential project as best as we are able.

To anyone reading this we would encourage you to make a commitment to supporting David, Kennedy and the children with learning disabilities by making financial contributions to "Project Porridge", no matter how small, in order to maintain the rising cost of providing food for these children, which at the moment requires £5000 each year to meet the needs of this extending project. As Christians and God's co-workers we have a commitment to meet the requirements of those who are without the basic personal needs (James ch 2 vs14 - 26)



### The Year in Review - Children Programs

Kitega Community Centre seeks to empower children with disabilities and disadvantaged children such as orphans. With regards to children with disabilities, we seek to end the prejudices and discrimination that they suffer, often because their parents and community believed that they have been cursed. At the Centre, the children engage in academic, vocational and extracurricular learning programs such as arts and crafts, music and drama, and sports. Our goal is to provide an enabling environment so that the children can show that disability does not mean inability. In all respect, they have succeeded beyond our wildest imagination.



In 2012, the children continued to show amazing progress, and their successes inspired parents from all over to sign their children up for Centre activities. The year's notable development included welcoming 12 new disabled children to the centre and expanding the school scholarship program to help 50 children to go to school. Furthermore, the Centre also took on the burden of caring for orphaned children by helping to pay for their school fees; providing them with basic needs like food, shelter, and clothes; and equipping them with skills to start self-help projects to generate income for themselves and their families. In particular, the orphaned children learned how to rear chicken and sold their eggs for income. Other children at the centre also participated in income-generating projects such as raising poultry and goats. We were especially proud of John Mayira, who was given a goat two years ago and has successfully raised six goats by 2012. The other children at the centre also continued to develop their vocational skills, particularly in computer literacy and tailoring. In fact, 20 students of the pioneer computer class received certificates in 2012. (This occurred despite the fact that the centre suffered a break-in in which thieves stole some computers). The children were helped in their activities by the many international volunteers who visited this year as well as Brian Butoto, a new teacher at the Centre. They were also helped by Project Porridge, which fed over 300 children while they attended school. Project Porridge has been instrumental in improving school attendance and performance; teachers continued to report how the children's school performance improved because they are no longer distracted by hunger. The children's many successes definitely improved their self-esteem and sense of self-worth, and the community saw this during the 2012 Global Dignity observation in October. Everyone was moved by the children's stories of what dignity means to them.



The children's most amazing achievement must be their participation in the creation of the HOPE album, which was a year-long project to create a musical CD that the centre can sell to raise funds to support centre projects. At the Annual Christmas Celebration on December 23, the children performed their songs live and was joined by Sarah, a local musician who is disabled. The album showcased the children's outstanding musical and artistic talents and is a true testament to the idea that disabled and disadvantaged children can do wonderful things if given the chance.

### The Year in Review—Economic & Community Development

Kitega Community Centre aims to reduce widespread poverty and unemployment by equipping community members with vocational skills; encouraging a culture of savings; developing entrepreneurial spirit and creativity; and helping community members to develop and grow income-generating micro-enterprises. We also work to develop future generations of community leaders so that they mobilize and replicate successful development initiatives in their own communities. In carrying out these programs, Kitega Centre focuses on building community support and ownership so that community development emanates from the grounds-up and reflects the needs and wishes of the people. In 2012, we saw successful developments on all of these fronts.

First, the Village Community Bank (VICOBA)



program grew, added more members and went through successful transition of management leaderships. The VICOBA program allows community members to pool their savings into a community bank, which then make loans to fund promising micro-enterprises such as brick-layering; piggery, poultry and other forms of animal husbandry, and crafts and jewelry and food stalls. In 2012, more and more communities signed up to learn how to set up VICOBA groups, and many were able to successfully launch micro-enterprises. For example, the Bawanguzi group started a brick making initiative while the Katungulu group started a piglets-raising initiative with the help of an international volunteer. The group based in Kitega held an election to elect new management leaders as stipulated by the group's constitution. The change in leadership represents a successful institutionalization of the VICOBA program and shows that its rules, norms and goals are being accepted by members, which will ensure its long-term growth and sustainability. In 2012, over 30 leaders from different VICOBA groups attended workshops on leadership and management. Other developments included plans to computerize VICOBA records and documents in order to improve financial management. VICOBA also received helpful advice from Ricardo Batanero, a banker from Spain, who visited the community this year. At the Christmas Party this year, 86 people received their VICOBA certificates after successfully completing the 12-week training course.



Economic development activities also occurred on centre grounds. Specifically, with the help of the Messy Church and Families of SS Peter and Paul Hathern, a goat shelter was constructed at the centre in order to house the goats that will later be distributed to community members. This project has the ambitious goal of distributing a goat to every family in the next 5 years. The vocational education program also proceeded well, with huge demand and long waiting lists for our computer and tailoring classes. In future years, we hope to expand the course offerings to include hairdressing and salon management and carpentry in order to provide community members with a wide variety of ways to find jobs and earn a living.

In 2012, Kitega centre also initiated a Community Capacity Building project. With support from the Tearfund's Inspired Individuals program, we trained 20 people in church and community mobilization. We gave them the skills and encouragement to replicate the work of Kitega centre in their communities.

Lastly, 2012 saw continuing community support for the Centre's activities and mission. Parents also took ownership of the centre, attended meetings with Centre staff, and did what they could to support the centre, such as by growing food crops to help the centre feed the children. In addition, Mr. James Kulale, the chairman of Kitega's executive community, will be a member on the local government disability council. This is a great achievement for the centre and will strengthen our advocacy and lobbying work. As a member of the council he will be involved in planning and implementing programs that will support people with disabilities in Buikwe District.

The Christmas Party was the best demonstration of the community's support for Kitega Community Centre. Community members contributed to the Christmas Party, turned up in huge numbers and supported the centre by buying raffle tickets, and renewed their pledges of support for the centre. Kitega Centre also garnered support from those outside of the project areas as well. Special guests at the Christmas party included the chairman of the Buikwe District, councilors and local leaders, a delegation from the office of His Royal Highness the King of Buganda, and local business leaders. Looking back, it's amazing how the centre has been able to garner wideranging support for the idea that disabled and disadvantaged children and their families deserve a chance to lead dignified, productive lives. Much of the credit, of course, goes to the centre beneficiaries, who showed that our faith in them was not misplaced. Whereas these children were once shunned and hidden away, the community now comes to celebrate their achievements.





### The Year in Review—International Volunteers

In 2012, Kitega community was blessed to have so many international volunteers who contributed so much to the centre's activities. International volunteers taught the children arts and crafts, photography, and dancing. They contributed to economic development activities by helping VICOBA groups to set up goat and piggery farms using sustainable methods. Many volunteers also helped to paint the centre, prepared blackboards for teaching, and poured cement over the dust floors in Katungulu school in order to reduce jigger bites and infections. 2012 also saw a continuation of volunteers who brought medical expertise and



equipments and provided health services to community members. For example, Jara and Celia, two medical students from Spain, volunteered at Kawolo hospital and brought medicine and first aid apparatus. Another volunteer from Spain, Cristina, brought tools to set up an optic clinic to provide free eye exams and to raise awareness about vision health. Over 150 people were helped and over 100 received eye glasses.

The volunteer who stayed the longest was Sophie Gauss from the UK. Sophie used her photography skills to take professional pictures of Kitega community, which we used in our publicity materials. She also helped to construct a pig sty and donated two large white piglets. Sophie also used her research skills to collect information on Kitega community and on the impacts of the centre's activities in order to help centre staff with program planning and evaluations. Please see Appendix A for her report.



Here are some of what the volunteers have to say about their experiences in Kitega:

I arrived at the Kitega Community Project without any background or experience in teaching children and disabled people. I had some information from Cristina, who had been there about three months ago. She said; "You will go inside the project and you will come out, but they don't change the course of life because you are there, so try to be involved yourself". It was the best advice, and it was like that. The time there has been a great experience. The good moments compensated by far the hard moments, when I didn't understand the children because of the lack of knowledge in some matters or because of the language, I tried to do my best. Sometimes I forgot that they had some disability when we were sitting on the lawn or jumping with the rope. They are used to receiving foreign people, and they enjoy a lot, and for the warm hugs, the songs, the effort that the staff put to teach them and take care of them, there is no doubt that it is worthy.

I got two important lessons. First, the perfect sense of the community reached by the staff with older people attending courses, young people joining computer classes, women joined to practice hand craft, children from the village taking part in the activities and the lovely children.

Secondly, the sense of cooperation, collaboration and solidarity taught to the lovely children that should be a very good example to follow in many cases.

--Fanny Collado. August 2012. Valencia. Spain.

After teaching in Spain for more than 25 years it seems I have already known almost everything about education and how to deal with teaching with a reduce budget, especially these days.

I could never imagine myself teaching as my African colleagues do in Uganda but also I could never imagine being greeted every morning by lovely children who run out of the centre to meet and hug me with their warmest smiles.

I have the pleasure to share some days with Edith and Mily, the teachers at Kitega Community Centre. Teaching disabled children is a huge task but their aim is not only trying to help them to improve their basic skills but to give them hope, love and confidence so the students can feel they are as important as any other child.

At the same time I visited the school in Katungulu, a small village surrounded by sugar cane plantations near Kitega, where about 170 children attend classes with two teachers. Students at Katungulu share benches but not desks because there are not a single one. They write on their legs, and their notebooks are full of dusty fingerprints as the school is not paved yet. Many of them don't wear shoes so jiggers set up home under the skin of their feet. On the way to school they use to pick up any pieces of wood they find to help the cook to prepare porridge, probably the only meal they eat in a day.

Sharing daily life is the best way to learn how Ugandanese live. Volunteering at Kitega Community Centre with disabled and needy children is one of the most rewarding experiences I have ever had, it has been living and feeling Africa. Here you realize that happiness is not what you have but what you give and these children have given me the warm smile of Africa.

Though our worlds are very different what we can feel is so alike that not many explanations are needed, just a smile.

--Sylvia - Spain 2012

Everyone says that love Africa, and it is true, colors, landscapes, culture and, above all, people make a visit to Africa will not leave you indifferent.

Uganda is special, its people welcome you with great hospitality and the country is really beautiful. In addition the unforgettable experience in the village of Kitega, you can visit incredible places.

Spending a month in Kitega for me has been an unforgettable experience, it is difficult to explain. It is a special place with lovely people who open the doors of their lives wide.

One of the best things that has Kitega experience is that from the first day you are one more, nothing changes because they get you. Therefore, be it live Kitega is live Africa from within, with and like them, sharing everything.

There are many things you can do in Kitega, but do not expect someone to come and tell you exactly what you have to do. When you get there you must learn to look and listen and then suggest and do. People are very grateful and are open to all, so any proposal you will give all they help that is in their hands.

I spent the month with disabled children in school and it was really amazing, children are very affectionate and teachers really charming, I had a great time.

True, at first, can be a bit difficult because everything is new and different, but if you go with no expectations, wanting to do and with an open mind, Kitega will become an unforgettable experience.

I do not know when, but I'm sure I will return, a piece of my heart stayed there.

-- Cristina Gomez - Spain

I didn't really know what to expect when I arrived in Uganda to spend a month at the Kitega Community Centre. The first thing that you notice when you arrive at the centre is how happy the kids are. When the car pulled into the centre all the kids crowded round to see the new 'mzungu' that had arrived. They all want to give you a hug and hold your hands.

After a few days at the centre you start to get used to the routine of the centre and realize that everything runs on African time! Helping the children in the class is definitely a test of your patience as most of the children are so mentally disabled

they are just learning how to write the letters over and over again. Despite this they are all so keen to learn and will bring you their jotter over and over so you can give them more work. In the afternoons I loved playing with the kids with the parachute I took, or listen to them singing or doing the papyrus weaving.

I was also involved in judging the songs for the album which the centre is going to be launching later this year, so that was good fun. It was really uplifting to see and hear all these people sing about the benefits they have personally had from

I think the main thing I have been challenged with since coming back home to Scotland is how happy everyone, and particularly the children at the centre are, despite their circumstances. The way of life there is much more basic compared to home and there aren't nearly as many choices of food, clothes, even channels on the radio or telly, but everyone does seem happier. You can't walk down the road without being greeted by nearly everyone you pass and have 'mzugnu' shouted at you from the kids. During my time at Kitega I also met a lady called Matieda who lives on less than \$5 (£3.20) a month! She also has 3 orphans to look after and due to health problems can't work and earn any money. Despite this she still continues to praise God and thank Him for everything in her life. I bet not many of us would be able to do that if we were in the same situation.

Do not expect to come back the same person that you go as you will be challenged both mentally and physically, but you will be all the better for it. I thoroughly enjoyed my time at Kitega and miss everyone at the centre very much. I am hoping to return one day and see how things have changed.

--Amy Kirkwood - Scotland UK

November 2011 I was able to travel through beautiful Uganda and visit KCC. Uganda is a booming busy country in the centre of Africa. In Uganda you can find strong, happy people with great smiles and lush green and wild nature.

In KCC I found the program that helps the people in Africa very well, it was exciting and challenging for me to work with and I didn't have to pay a lot of money to do so.

The short stay with the people of KCC gave me a great experience by working at the Community Centre and living in the home of James and Victoria. I really enjoyed the incredible delicious and enormous meals (especially the peanut sauce) and the nice talks about the similarities and differences between Uganda and The Netherlands.

It was great to work with teachers Edith and Milly and all the different aspects that KCC offers: teaching English, math, creative arts and sports to the disabled kids and orphans. With joy I think back of the talks after the schooldays and the visit with Edith at the neighbouring village. I didn't know the two of us could fit on the boda boda (motor-taxi) with the driver!;)

Visiting the VICOBA program was a great eye opener. After visiting the projects, the women and I had the opportunity to have a conversation and discussion about developing the business. Incredible clever women who where so proud of the independence that there business creates. Great to see, they are definitely AfriCAN!

KCC is literally the centre of the village where all the people are welcome. KCC supports the development of the children and focus as well on the development of the teachers and staff.

For myself it was a great experience and a nice way to get a better view and understanding of Uganda.

--Paul Latta - Netherlands

You cannot come to Africa and expect things to run as they do at home, that is the first most important thing you take from your experience here. It is a whole different way of doing things, and on very different timekeeping scales. Life is relaxed, work is relaxed, and the people are just as relaxed....always smiling and never in a hurry.

I spent my two months here at Kitega doing something a little different. Rather than working hugely with the children, whom I must add were lovely and would often greet me in the morning running out from the centre to hug me (I definitely wouldn't get this welcome back at home going in to work), I got involved with one of the local village banking groups instead, and helped them set up a piggery. This was started very much from square one, from discussion to construction of the shelter, to piglet delivery. Each week I went to the village and lent a helping hand, digging soil and using soggy mud to create mud

walls. The shelter was created from local materials which the village group organised, and a week before I left, I travelled back to Kampala to choose two piglets which I donated to the group along with a big sack of food. I had much fun doing this with the help of Daniel (a Kitega staff member) and it was very rewarding to return to the village with an excited group awaiting us. In time the piggery will adopt a natural farming method using IMO (indigenous microorganisms) and will give the group much needed income as well as distributing the generations of piglets to the group members.

During my involvement with the piggery group I became hugely fond of the chair person, a wonderful sixty-five year old man called Mr Kafeero. Full of an inexhaustible supply of energy, motivation and determination he is an absolute credit and inspiration to his people. I have nothing but admiration for this man who at his age is still keen to learn and keen to better his life and those around him. He will definitely be my most memorable person and with his involvement and business experience I have every faith the piggery project will be a success.

I met many people and many children who will be remembered for different reasons, and I have plenty of memories that will stay with me for life, most notably riding a boda boda (motorcycle) back through the sugar cane plantations during sunset! Volunteering at Kitega and having the opportunity to live with a host family gives you so much more than many volunteering experiences I know are out there.

Sure, trying to get things done does not always go to plan and there are many challenges, but one thing I can safely say I've had is an African experience...and an incredibly valuable experience at that. The people here have never disappointed me in their spirit, and it is that that inevitably wins out. It is what keeps the centre activities going, it is what makes them succeed, and it is what will keep volunteers like me coming back to Africa time and time again.

--Sophie Gauss -UK

### We want to thank all of the 2012 international volunteers and visitors for bringing a smile to Kitega community:

Cristina Gomez - Spain Fanny Collado Jara Will & Susan Hack Amy Kirkwood – UK Maria Blanca Ricardo Batanero Olga Villalba Otto Kamsteeg, Tearfund District Police Officer Lugazi Sophie Gauss Laura and Marta Celia World Oprhans Team LC V Chairperson, Buikwe District Enrique Bilbao Sylvia Llombet Andrea Perez Llombet

Mark Rujumba Lloyd Hardy





### International Volunteers, Best of 2012

















### 2012 Donor Appreciation

Kitega Community Centre is a donor-funded organization. We would like to thank all of the generous supporters for believing in Kitega community.

Corporation Amy Kirkwood NCSS TGIF Ashley Blake

Brian Guerin Nicky and Jane King

Cam Wrigley Nuria Moreno Olga Villalba Celia (Spain) Celia Chen Oliver Deeks Cristina Gomez Oscar Family

Enrique Bilbao Parent's of children with disabilities

Kitega Centre Executive Committee Paul Latta Pek Wan Fanny Collado

Jae Won Lee Ricardo Batanero Martínez

Riki Tiki Tavi lara

Journey 117 Team Roger and Jan Varney

Kathlyn Ho Samuel Kasujja Sophie Gauss Kingserve Trust Kiyingi Steven Stanley Mugisha

Laura and Marta Sylvia Perez

Life Community Services Society Teo Guek Neo Iris

Local contributions Victor Kyobe

Local Pledges Vocational training Fees

Maria Blanca Waileen Song

Mark Rujumba Willy and Sharon Ong

Melville Szto World Orphans

National Water and Sewerage

### Looking Ahead to 2013

2013-17 strategic plan: A new strategic plan is being developed to guide the Kitega Centre in the next 5 years.

Shalom House: Completion of the Shalom Centre, a guest house for international volunteers and visitors

Ideas for a Better Community: To encourage community participation, the Ideas for a Better Community is a competition aimed at encouraging community members to generate ideas that can bring about positive change in their communities.

Community Radio: The project partners are still ready to make this project a reality and we are looking at progress in 2013.

**Fencing the Centre:** Complete the fencing of the centre premises, this will help tighten security at the centre.

Poultry Project: The project will provide an addition vocational skill for the children and will also generate income to support centre activities

Centre Van: The van will facilitate transportation at the centre, reducing the risk of road accidents and encouraging more service delivery when the children attend the centre on a daily basis

### **Community Garden Expansion**

### Expansion and accrediting vocational training

Church and community mobilisation aimed at facilitating community owned and driven development.

### **Prison Ministry**

VICOBA Fund: Mobilising resources to support rural entrepreneurs to reach their full potential.





### Appendix A

### Kitega Community Centre Survey

### Independent survey by Sophie Gauss, 2012

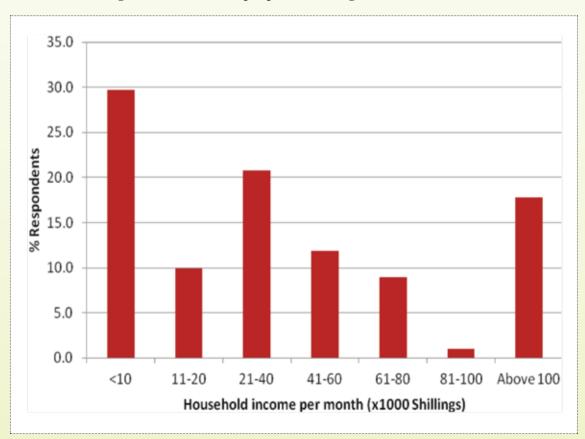
Aims of the survey:

- 1. To ascertain how much the centre has benefited households.
- 2. To assess the impact of the centre on the disabled children.
- 3. To gather information that will guide the centre in future initiatives.

### INTRODUCTION

The survey was distributed to beneficiaries of the centre. This included parents and guardians of the disabled and orphaned/needy children, as well as members of the local communities the centre serves. A total of 103 surveys were returned.

- Females 85% Males 15%
- Most were between 34-45 (35%), 26-35 (25%), and 46-55 (25%) years old.
- Nearly two-thirds provide an income to their household, or their partner does.
- 76% are a member of a village banking (VICOBA) group, with 10% saying their partner is.
- The average household has 7 people. The range was 2-20 individuals.



### **BENEFITS TO HOUSEHOLDS**

The centre has and continues to distribute beneficial items to families. One of the most important of these are mosquito nets, vital in the prevention of malaria and a disease that has caused lasting damage to a number of the children that now attend the centre. 67% of respondents have received mosquito nets from the centre, with a further 31% receiving toothbrushes, 30% receiving shoes and 3% receiving an animal.



Receiving new glasses, a donation from a previous volunteer and recently distributed by the centre.

At present tailoring and computer training classes are taught at the centre and are available to members of the community. 30% of respondents have attended tailoring classes, and 14% computer training. VICOBA training continues to provide village groups with the skills to save and budget to set up businesses.

66% have started a business since their involvement with the centre.

Most people (between 69-81%) felt their involvement with the centre had enabled them to improve their housing standard, health and hygiene, the paying of school fees, and buying clothes or other requirements, by either 'Fairly' or 'A lot'. These were the two highest categories.



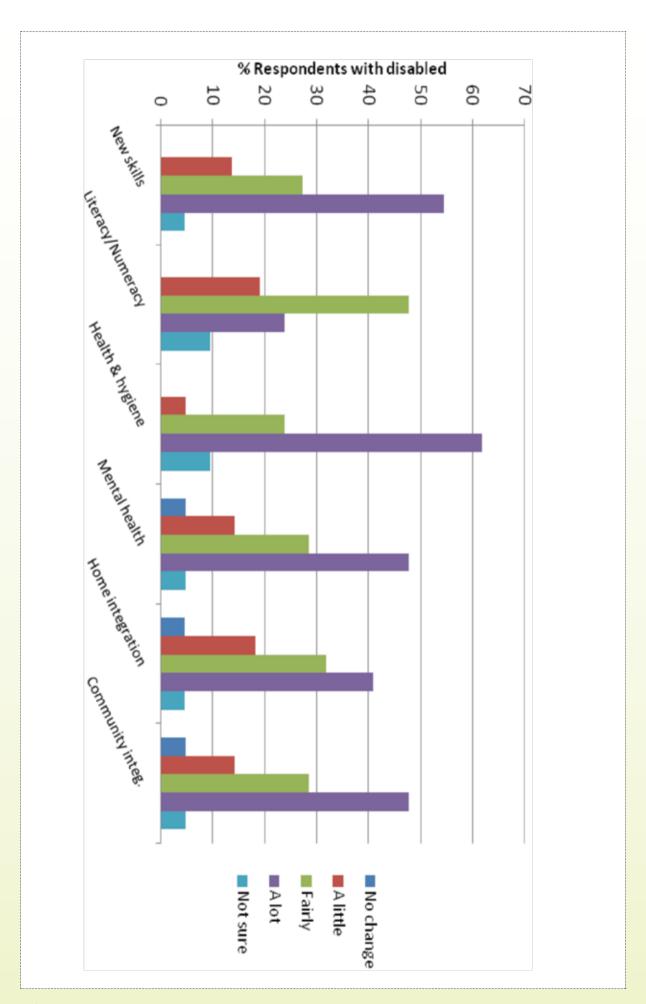
Brick-making, one of the many businesses started.

### THE CHILDREN

Respondents were asked the numbers of each type of dependent they had in their care and how many of these attended the centre (either weekdays or weekend), and how many attend Kawolo or Katungulu schools, both of which work closely with the centre.

- More than half (55%) have one or two orphans/needy children. Eleven respondents had 4 or 5.
- 29% have one disabled individual
- 25% have one elderly dependent
- 85% have one or more attending the centre
- 87% have one or more attending Kawolo or Katungulu school

Some of the disabled children that can be integrated into the schools are done so, whilst the majority come to the centre during the week. Parents of disabled children rated how they felt their children had improved in the following: New skills; Literacy/numeracy; Health and hygiene; Mental health; Home integration; Community integration. The results are in the graph below.



Everyone was asked how they felt attitudes in the community had changed positively towards the disabled children. The level of interaction between these children and able children and adults can be a good indication of how well integrated they are in society.

Although the group without disabled children was double the number of those with, responses were reasonably similar.

- 63% (with disabled) and 69% (without disabled) said community attitude had changed positively by 'A lot'.
- 60% (with disabled) and 72% (without disabled) said overall improvement in interaction with the disabled was 'A lot'.

Actual interaction with adults and other children (playing) was rated slightly worse with people being divided between 'Fairly' and 'A lot'.



Engaging in an album launch at the centre

### AGRICULTURE & LIVESTOCK

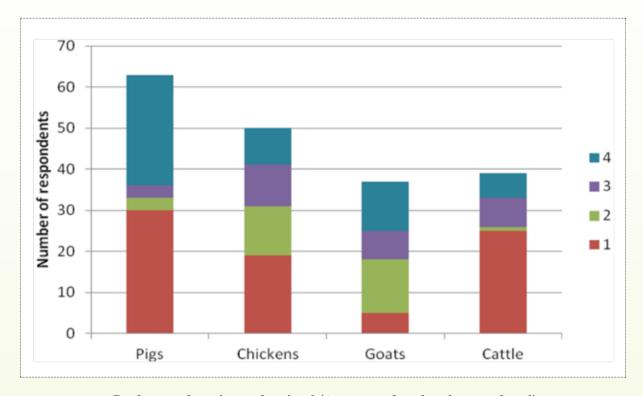
Land ownership varied, with equal numbers (each 20%) of people owning 'less than a plot' and 'greater than an acre'. 34% said they owned 'a plot'. Nearly all respondents (92%) are involved in some form of agriculture with two thirds of this having enough food to feed the family. 49% also receive some income from it.

The range of crops grown is large and most people farm a selection including maize, beans, cassava and sweet potatoes (84-94% of respondents). About half of respondents grew matooke and fruit, and 39% grew coffee. Other less popular crops noted were tomato, cardamom, avacado, yam and eggplant.

92% are interested in engaging in commercial agriculture but 41% of these people do not have available land.

Pigs, chickens, goats and cattle are all widely owned, with chickens being the most popular (63% of respondents owned these.). Pigs came second, goats third, and cattle last at 30%. Everyone that answered, was interested in commercial livestock farming, though the degree to which they can manage this in practice was not determined.

When asked to rank what they would most and least like to own in order of importance, they said the following:



Preference of owning each animal (1=most preferred, 4=least preferred)

Not everyone answered the ranking fully, with ranks 2 and 3 often being left out. A significant number of respondents ranked chickens, goats and cattle but left pigs blank. These were included in the data set as a 4 (least important). It is likely that many of these respondents are Muslims. Although the start-up costs are often greater with pigs and cattle, they are generally more profitable and this is probably reflected by the preferences shown here.



Pigs were both the most and least popular

### **HEALTH**

Despite the low income of many households, the majority of respondents answered the highest categories in the health questions. 78% fall sick more than five times a year, and 43% have to spend more than 100,000 shillings per year on the medication. The amount people are willing to invest in health insurance per person per year varied greatly however, with 30% saying they would spend more than 12,000 shillings, and anything between 12-22% prepared to spend on lower amounts. This no doubt correlates with differences in income.

### **FURTHER NOTES**

An open-ended question at the ends tells us the community most want the things we all value - adequate health care, easier access to water, and help with increasing standards of education for their children. Many people said they find it difficult to get to a hospital, and getting to a well usually requires a walk to a neighbouring village. Although it is difficult to address all these needs, the centre is optimistic that they can use the current data to continue progress in what they have already achieved.









# KITEGA COMMUNITY CENTRI 2012 ANNUAL REPORT









Kitega Community Centre

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